



Grampêr 2019
Resultados Oficiais
Resultados Por Distancia



Geral Longo Feminino

Class	Num	Nome	Categoria	Pouso Alto	Rei da Montanha	Caxambu	São Lourenço	Tempo Total
1	260	TOTA(ANA VITORIA) (GOUVÊA VIEIRA ALMEIDA) MAGALHAE	TOP LONGO FEMININO	00:59:04,252	00:12:40,053	01:00:27,217	01:20:35,919	03:20:07,388
2	4	BEATRIZ NERES	TOP LONGO FEMININO	00:59:10,253	00:11:25,443	01:00:20,141	01:20:38,184	03:20:08,578
3	3	BRUNA SAGLIETTI MAHN	TOP LONGO FEMININO	00:59:24,169	00:12:41,938	01:04:06,926	01:28:08,109	03:31:39,204
4	73	BIANCA BEAZIM JULIO	TOP LONGO FEMININO	00:59:23,115	00:13:31,300	01:06:37,344	01:25:48,041	03:31:48,500
5	77	PAULA CAMPOS	TOP LONGO FEMININO	00:59:19,977	00:13:30,902	01:06:39,759	01:25:49,586	03:31:49,322
6	265	MARIA CECILIA CARVALHO	Longo Sub 30 ate 29 Feminino	01:01:38,193	00:12:34,151	01:05:06,608	01:25:07,265	03:31:52,066
7	22	FERNANDA VILELA STRANG	Longo Master A2 35 a 39 Feminino	01:01:36,108	00:12:43,389	01:05:05,782	01:26:54,594	03:33:36,484
8	17	ERIKA SOARES	Longo Master A2 35 a 39 Feminino	00:59:37,233	00:13:25,573	01:07:02,123	01:27:37,886	03:34:17,242
9	72	GISELE SAGGIORO GASPAROTTO	Longo Master B1 40 a 44 Feminino	01:04:36,200	00:13:44,313	01:09:00,994	01:29:40,178	03:43:17,372
10	264	LUMA DINIZ GUIMARAES DE CARVALHO	Longo Sub 30 ate 29 Feminino	01:03:40,749	00:13:51,447	01:09:56,802	01:31:09,170	03:44:46,721
11	2	STEPHANIE CERCI	Longo Master A1 30 a 34 Feminino	01:03:15,493	00:13:51,548	01:10:22,980	01:31:51,873	03:45:30,346
12	1	ANA LUISA KORC PANINI	Longo Master A1 30 a 34 Feminino	01:04:35,565	00:13:44,962	01:09:02,326	01:37:23,956	03:51:01,847
13	277	MARINA CAIADOPAUZZI	Longo Master A1 30 a 34 Feminino	01:06:44,951	00:14:20,362	01:09:25,357	01:36:13,835	03:52:24,143
14	20	MARIANA AZEVEDO FERREIRA GIASONE	Longo Master A2 35 a 39 Feminino	01:04:38,420	00:15:39,570	01:11:43,018	01:40:50,817	03:57:12,255
15	335	PAOLA CHERMONT	Longo Master B2 45 a 49 Feminino	01:10:16,553	00:14:35,351	01:14:00,524	01:36:39,371	04:00:56,448
16	18	FLÁVIA FLORESTANO LAGUENS	Longo Master A2 35 a 39 Feminino	01:06:47,339	00:15:55,888	01:14:48,869	01:40:11,968	04:01:48,176
17	369	MÁRCIA FERREIRA	Longo Master C1 50 a 54 Feminino	01:10:00,688	00:15:07,668	01:15:31,359	01:42:09,775	04:07:41,822
18	74	ANA KARINA SCARLATO	Longo Master B1 40 a 44 Feminino	01:09:30,957	00:16:05,652	01:16:00,122	01:43:16,551	04:08:47,630
19	134	CARLA MENDES ABRUNHOSA	Longo Master B2 45 a 49 Feminino	01:09:23,927	00:15:08,632	01:16:05,208	01:44:39,634	04:10:08,769
20	137	MARIA ISABEL FIGUEIREDO	Longo Master B2 45 a 49 Feminino	01:09:25,050	00:15:08,489	01:16:05,474	01:44:38,365	04:10:08,889
21	23	FABIOLA CALDAS	Longo Master A2 35 a 39 Feminino	01:13:03,918	00:16:59,963	01:22:05,341	01:47:46,614	04:22:55,873
22	311	LUCIANA ARRUDA	Longo Master B1 40 a 44 Feminino	01:13:02,389	00:16:59,804	01:22:07,422	01:47:46,066	04:22:55,877
23	132	PRISCILLA JONES PARGA DE SOUZA	Longo Master B1 40 a 44 Feminino	01:10:54,661	00:18:32,016	01:22:09,116	01:51:07,466	04:24:11,243
24	75	EVELYN JOYS	Longo Master B1 40 a 44 Feminino	01:12:59,391	00:16:17,638	01:20:02,449	01:51:42,029	04:24:43,869
25	21	LUANA MENDES	Longo Master A2 35 a 39 Feminino	01:15:18,651	00:17:35,997	01:24:49,587	01:52:43,142	04:32:51,380
26	185	KARINA BERNARDI	Longo Master C1 50 a 54 Feminino	01:21:42,134	00:19:15,663	01:31:28,910	02:00:45,699	04:53:56,743
27	183	MONICA REZENDE	Longo Master C1 50 a 54 Feminino	01:21:40,130	00:19:16,387	01:31:29,836	02:00:46,803	04:53:56,769
28	139	TANIA VIRGINIA DANTAS BISPO	Longo Master B2 45 a 49 Feminino	01:21:59,015	00:17:11,485	01:29:23,354	02:10:00,084	05:01:22,453
29	135	MABEL HUBBARD GRAHAM BELL	Longo Master B2 45 a 49 Feminino	01:21:11,161	00:20:52,494	01:34:07,011	02:09:18,598	05:04:36,770
30	219	CLAUDIA COSTA MANSUR	Longo Master C1 50 a 54 Feminino	01:21:15,671	00:20:41,202	01:34:05,645	02:12:03,079	05:07:24,395
31	133	MARISA MONTEIRO	Longo Master B2 45 a 49 Feminino	01:22:10,220	00:19:36,644	01:32:53,399	02:21:41,858	05:16:45,477

Geral Longo Masculino

Class	Num	Nome	Categoria	Pouso Alto	Rei da Montanha	Caxambu	Caxambu	Tempo Total
1	61	FABIANO DOS SANTOS MOTA	TOP LONGO MASCULINO	00:59:06,392	00:10:30,909	00:58:43,808	01:13:16,633	03:11:06,833
2	76	ANDERSON ZOMER	TOP LONGO MASCULINO	00:58:59,014	00:10:23,594	00:58:49,985	01:13:17,952	03:11:06,951
3	59	PEDRO AUTRAN DOURADO DUTRA NICÁCIO	TOP LONGO MASCULINO	00:59:00,481	00:10:30,318	00:58:46,894	01:13:22,003	03:11:09,378
4	38	URWALEI FONESI DE OLIVEIRA	TOP LONGO MASCULINO	00:59:02,100	00:10:23,151	00:58:48,798	01:15:50,937	03:13:41,835

5	60	HUDSON LUIDGI LEITE SANTOS	TOP LONGO MASCULINO	00:59:03,043	00:10:29,333	00:58:48,608	01:15:50,526	03:13:42,177
6	266	VITOR DE ANDRADE BENTO	Longo Sub 30 ate 29 Masculino	00:59:04,602	00:10:24,714	00:58:43,997	01:15:56,256	03:13:44,855
7	69	ANDERSON DUARTE REZENDE	Longo Master A2 35 a 39 Masculino	00:59:08,950	00:10:29,211	00:58:44,041	01:15:52,155	03:13:45,146
8	93	FÁBIO ANTÔNIO SILVA	Longo Master B1 40 a 44 Masculino	00:59:01,282	00:10:28,848	00:58:47,891	01:15:58,708	03:13:47,881
9	270	KEVIN MARTINS	Longo Sub 30 ate 29 Masculino	00:59:17,117	00:10:40,755	00:58:40,198	01:16:03,904	03:14:01,219
10	44	ALVIMANIO AUGUSTO	Longo Master A2 35 a 39 Masculino	00:59:09,217	00:10:35,214	00:58:45,112	01:16:26,486	03:14:20,815
11	9	ANNDRIO COUTO	Longo Master A1 30 a 34 Masculino	00:59:06,813	00:11:22,393	00:58:48,614	01:16:25,579	03:14:21,006
12	52	EDWALDO SILVA NOGUEIRA KNUPP	Longo Master A2 35 a 39 Masculino	00:59:11,237	00:11:19,336	00:58:40,736	01:16:29,644	03:14:21,617
13	104	GUSTAVO VIEIRA BRUZADELLI	Longo Master B1 40 a 44 Masculino	00:59:12,780	00:10:41,046	00:58:39,932	01:16:29,136	03:14:21,848
14	42	EVERTON DO PRADO SILVA SILVA	Longo Master A2 35 a 39 Masculino	00:59:05,921	00:10:31,304	00:58:49,210	01:16:26,821	03:14:21,952
15	201	GUILHERME BALLESTEROS MAGALHAES	Longo Master C1 50 a 54 Masculino	00:59:15,696	00:10:31,072	00:58:40,040	01:16:30,261	03:14:25,997
16	70	ANDRÉ LUIZ DA SILVA SANTOS	Longo Master A2 35 a 39 Masculino	00:59:16,037	00:10:35,513	00:58:39,167	01:16:32,425	03:14:27,629
17	95	ALEJANDRO VERGARA	Longo Master B1 40 a 44 Masculino	00:59:10,586	00:10:36,004	00:58:41,971	01:16:44,568	03:14:37,125
18	103	PEDRO FEROLLA	Longo Master B1 40 a 44 Masculino	00:59:06,715	00:10:32,860	00:58:47,263	01:17:00,332	03:14:54,310
19	88	DANIEL BAHIA DA FONSECA SILVA	Longo Master B1 40 a 44 Masculino	00:59:06,697	00:10:51,282	00:58:48,127	01:17:00,396	03:14:55,220
20	166	MARCELLO BUENO	Longo Master B2 45 a 49 Masculino	00:59:05,396	00:10:59,602	00:58:48,079	01:17:07,740	03:15:01,215
21	175	JOÃO CARLOS FOLLY	Longo Master B2 45 a 49 Masculino	00:57:11,215	00:11:06,241	01:00:38,411	01:17:32,801	03:15:22,427
22	163	RODRIGO EVANGELHO	Longo Master B2 45 a 49 Masculino	00:59:03,955	00:10:42,406	00:58:48,521	01:18:15,645	03:16:08,121
23	186	PAULO FERNANDO DE MENEZES AGUIAR	Longo Master C1 50 a 54 Masculino	00:59:12,344	00:10:57,743	00:58:43,667	01:18:47,284	03:16:43,295
24	232	RICARDO SANTANA DA SILVA	Longo Master C2 55 a 59 Masculino	00:59:19,156	00:10:55,298	00:58:37,294	01:19:48,368	03:17:44,818
25	355	CARLOS ALBERTO NOGUEIRA DE MELO	Longo Master B2 45 a 49 Masculino	00:59:14,734	00:10:41,867	00:58:36,258	01:20:36,172	03:18:27,164
26	49	ANGELO LAZZARINI	Longo Master A2 35 a 39 Masculino	00:59:07,889	00:11:54,002	00:59:44,578	01:20:57,666	03:19:50,133
27	97	MARCELO DA SILVA MOUZER	Longo Master B1 40 a 44 Masculino	00:59:12,579	00:11:36,961	01:00:18,052	01:20:20,468	03:19:51,099
28	189	GUSTAVO BARBEDO	Longo Master C1 50 a 54 Masculino	00:59:08,361	00:12:02,157	01:00:23,507	01:20:19,698	03:19:51,566
29	89	OTAVIO GOMES DOS SANTOS	Longo Master B1 40 a 44 Masculino	00:59:11,459	00:11:57,669	00:59:40,308	01:21:01,087	03:19:52,854
30	130	AMARILDO FERREIRA	Longo Master B1 40 a 44 Masculino	00:59:17,550	00:11:38,089	01:00:11,518	01:20:29,343	03:19:58,411
31	144	ARMANDO PIRES	Longo Master B2 45 a 49 Masculino	00:59:16,853	00:11:35,858	01:00:18,491	01:20:24,562	03:19:59,906
32	171	WANDERSON BREDER	Longo Master B2 45 a 49 Masculino	00:59:15,191	00:11:47,350	00:59:36,189	01:21:12,768	03:20:04,148
33	7	VALDIR FERREIRA JR	Longo Master A1 30 a 34 Masculino	00:59:08,240	00:11:21,533	00:58:41,621	01:22:17,287	03:20:07,148
34	181	FREDERICO SAKAMOTO	Longo Master B2 45 a 49 Masculino	00:59:09,748	00:12:23,429	01:00:22,686	01:20:35,732	03:20:08,166
35	54	JONAS PEREIRA MADURO JR	Longo Master A2 35 a 39 Masculino	00:59:14,328	00:11:58,701	01:00:19,318	01:20:34,750	03:20:08,396
36	32	PEDRO PAULO BARBOSA	Longo Master A2 35 a 39 Masculino	00:59:03,798	00:12:39,984	01:00:27,368	01:20:38,817	03:20:09,983
37	230	JOSE CANDIDO MURICY	Longo Master C2 55 a 59 Masculino	00:59:18,257	00:12:04,047	01:00:17,293	01:20:34,909	03:20:10,459
38	121	LEANDRO CARAM	Longo Master B1 40 a 44 Masculino	00:59:02,798	00:12:39,443	01:00:26,570	01:22:28,887	03:21:58,255
39	259	JOALISON SANTOS	Longo Sub 30 ate 29 Masculino	00:59:04,866	00:12:07,970	01:00:27,376	01:22:27,336	03:21:59,578
40	211	GUILHERME FIGUEIREDO	Longo Master C1 50 a 54 Masculino	00:59:20,658	00:11:52,264	01:00:15,716	01:22:23,467	03:21:59,841
41	62	ERIK WILLIAN SILVA	Longo Master A2 35 a 39 Masculino	00:59:15,491	00:11:22,507	00:58:41,275	01:24:28,977	03:22:25,743
42	200	IVAN MARIOSA	Longo Master C1 50 a 54 Masculino	00:59:22,126	00:12:00,020	01:00:11,909	01:24:06,987	03:23:41,022
43	6	MARCELO AUGUSTO VALIERI	Longo Master A1 30 a 34 Masculino	00:59:13,674	00:12:23,461	01:00:19,287	01:25:13,265	03:24:46,226
44	15	FELIPE DE LIMA ALVES	Longo Master A1 30 a 34 Masculino	00:59:17,830	00:12:00,395	01:00:12,290	01:27:13,635	03:26:43,755
45	199	VICTOR MARCELO PEREIRA	Longo Master C1 50 a 54 Masculino	00:59:21,897	00:12:33,817	01:02:31,844	01:25:11,248	03:27:04,989
46	206	ADRIAN GIASSONE	Longo Master C1 50 a 54 Masculino	00:59:13,478	00:12:24,832	01:02:38,318	01:26:03,784	03:27:55,580
47	51	MARCOS DE MACEDO SALAMONDE	Longo Master A2 35 a 39 Masculino	00:59:16,549	00:12:43,282	01:00:14,424	01:28:25,169	03:27:56,142
48	174	VINICIUS FRANCO	Longo Master B2 45 a 49 Masculino	00:59:07,730	00:12:34,787	01:00:26,789	01:29:40,718	03:29:15,237
49	100	PEDRO VASCONCELOS	Longo Master B1 40 a 44 Masculino	00:59:18,880	00:12:38,060	01:04:13,363	01:25:44,787	03:29:17,030

50	179	MAURICIO SENNA T. DANTAS	Longo Master B2 45 a 49 Masculino	00:59:24,372	00:12:38,306	01:04:07,200	01:25:47,369	03:29:18,941
51	131	JOSUÉ SOARES DA SILVA	Longo Master B1 40 a 44 Masculino	00:59:26,590	00:12:40,320	01:04:07,022	01:25:54,341	03:29:27,953
52	50	NUNO DO NASCIMENTO LOPES	Longo Master A2 35 a 39 Masculino	00:59:20,783	00:13:31,903	01:06:37,573	01:24:13,831	03:30:12,187
53	28	ADRIANO SILVA	Longo Master A2 35 a 39 Masculino	00:59:16,348	00:12:40,427	01:04:12,401	01:26:47,875	03:30:16,624
54	124	ROGERIO LOPES DA SILVA	Longo Master B1 40 a 44 Masculino	00:59:21,697	00:12:41,949	01:02:31,493	01:28:24,175	03:30:17,365
55	26	ANDRÉ HENRIQUE WALSH	Longo Master A2 35 a 39 Masculino	01:01:24,260	00:11:59,809	01:05:02,693	01:23:50,819	03:30:17,772
56	101	Breno Guerbatin	Longo Master B1 40 a 44 Masculino	00:59:12,218	00:14:01,707	01:05:34,187	01:25:31,900	03:30:18,305
57	37	BERNARDO TILLMANN	Longo Master A2 35 a 39 Masculino	00:59:23,727	00:13:31,005	01:06:37,708	01:24:18,533	03:30:19,968
58	128	RODRIGO AZAMBUJA	Longo Master B1 40 a 44 Masculino	00:59:19,432	01:05:03,611	01:06:42,430	01:24:23,274	03:30:25,136
59	253	EDUARDO CIRIO	Longo Senior 60 + Masculino	00:59:38,850	00:13:17,525	01:07:02,385	01:24:38,796	03:31:20,031
60	254	ANTENOR MAYRINK VEIGA	Longo Senior 60 + Masculino	00:59:23,338	00:00:00,000	01:06:39,220	01:25:17,621	03:31:20,179
61	87	GUSTAVO LEITE NORA	Longo Master B1 40 a 44 Masculino	01:00:15,872	00:13:25,295	01:06:23,256	01:25:07,398	03:31:46,526
62	67	JONAS ANTUNES MARTINS	Longo Master A2 35 a 39 Masculino	00:59:23,313	00:13:31,789	01:06:37,767	01:25:49,599	03:31:50,679
63	273	BRUNO PINTO	Longo Sub 30 ate 29 Masculino	00:59:24,821	00:12:57,358	01:04:08,991	01:28:22,528	03:31:56,340
64	170	EMERSON MARIETTO	Longo Master B2 45 a 49 Masculino	00:59:08,566	00:13:08,992	01:04:23,328	01:29:42,487	03:33:14,381
65	243	WALTER MATTOS	Longo Master C2 55 a 59 Masculino	00:59:20,675	00:11:39,548	01:00:14,301	01:33:39,596	03:33:14,572
66	182	Paulo Cesar Martins Romão	Longo Master B2 45 a 49 Masculino	00:59:13,816	00:11:53,589	01:00:15,374	01:34:02,485	03:33:31,675
67	113	GUILHERME ISO COHEN	Longo Master B1 40 a 44 Masculino	00:59:11,485	00:11:59,671	01:04:21,447	01:30:07,687	03:33:40,619
68	115	GUILHERME BONESIO	Longo Master B1 40 a 44 Masculino	00:59:12,992	00:14:12,269	01:07:25,510	01:27:32,736	03:34:11,238
69	196	MARCUS RUBIM	Longo Master C1 50 a 54 Masculino	01:01:29,909	00:13:36,680	01:07:35,110	01:25:09,770	03:34:14,789
70	79	FRANK KLEIN	Longo Master B1 40 a 44 Masculino	01:00:14,323	00:13:29,756	01:06:27,900	01:27:35,320	03:34:17,543
71	84	FERNANDO PACIELLO VIEIRA	Longo Master B1 40 a 44 Masculino	01:01:21,789	00:13:39,838	01:07:33,257	01:25:23,390	03:34:18,436
72	36	BRUNO DAGUANO	Longo Master A2 35 a 39 Masculino	00:59:20,353	00:14:27,012	01:07:16,994	01:27:43,790	03:34:21,137
73	321	RODRIGO LORENTZ DE SOUSA MARTINS	Longo Master B1 40 a 44 Masculino	01:02:46,660	00:13:43,936	01:06:14,657	01:25:20,928	03:34:22,245
74	153	CHRISTIANO ABREU BARBOSA	Longo Master B2 45 a 49 Masculino	01:03:12,955	00:13:40,120	01:05:47,691	01:25:23,291	03:34:23,937
75	30	ANDRE AGUIAR	Longo Master A2 35 a 39 Masculino	00:59:22,535	00:14:21,596	01:07:17,750	01:27:44,644	03:34:24,929
76	208	PETER TANSCHUIT	Longo Master C1 50 a 54 Masculino	01:00:12,853	00:13:25,458	01:06:25,250	01:27:49,251	03:34:27,354
77	33	CARLOS HENRIQUE	Longo Master A2 35 a 39 Masculino	01:02:44,824	00:13:37,576	01:06:20,571	01:25:22,888	03:34:28,283
78	156	MAURICIO MOREIRA	Longo Master B2 45 a 49 Masculino	01:03:14,378	00:13:41,925	01:05:48,137	01:25:30,093	03:34:32,608
79	142	Gleiber Geraldo Mure Rezende Junior	Longo Master B2 45 a 49 Masculino	01:00:27,511	00:14:25,422	01:08:34,204	01:26:33,638	03:35:35,353
80	226	SEBASTIÃO LADEIRA	Longo Master C2 55 a 59 Masculino	01:07:32,201	00:15:35,243	01:15:44,857	01:12:25,487	03:35:42,545
81	145	MARCELO TEODORO DE SOUZA	Longo Master B2 45 a 49 Masculino	01:01:23,842	00:13:27,628	01:07:38,211	01:26:40,497	03:35:42,550
82	248	PEDRO VILLACA	Longo Master C2 55 a 59 Masculino	01:02:44,422	00:13:42,150	01:06:19,528	01:26:41,996	03:35:45,946
83	202	EUGENIO AGNEW BACCI	Longo Master C1 50 a 54 Masculino	01:01:25,069	00:13:27,254	01:07:37,345	01:26:44,431	03:35:46,845
84	41	RICARDO DENYS	Longo Master A2 35 a 39 Masculino	00:59:38,338	00:13:05,650	01:07:02,495	01:29:08,340	03:35:49,173
85	239	LUIS PAULO CUNHA	Longo Master C2 55 a 59 Masculino	01:03:14,841	00:13:38,609	01:05:45,954	01:27:54,687	03:36:55,482
86	184	Arnaldo Varella	Longo Senior 60 + Masculino	01:03:12,139	00:13:40,448	01:05:50,936	01:28:15,619	03:37:18,694
87	13	LUCAS LAURENTYS	Longo Master A1 30 a 34 Masculino	01:02:43,986	00:13:38,563	01:06:15,873	01:29:17,826	03:38:17,685
88	43	EDSON ATALLAH MONREAL	Longo Master A2 35 a 39 Masculino	01:01:46,142	00:13:41,333	01:07:17,037	01:31:04,849	03:40:08,028
89	68	GLÁUCIO PENIDO MACIEL	Longo Master A2 35 a 39 Masculino	01:02:45,927	00:14:14,251	01:09:26,477	01:31:03,048	03:43:15,452
90	80	ROBERTO DAVID MENDES DA SILVA	Longo Master B1 40 a 44 Masculino	01:03:14,017	00:14:43,876	01:10:07,056	01:30:40,841	03:44:01,914
91	140	ANTONIO CARLOS SOARES COSTA JUNIOR	Longo Master B2 45 a 49 Masculino	01:03:16,591	00:13:41,359	01:05:47,939	01:36:40,120	03:45:44,650
92	159	RAFAEL PAIXÃO	Longo Master B2 45 a 49 Masculino	01:06:45,592	00:14:40,059	01:09:26,461	01:30:28,686	03:46:40,739
93	158	HENRIQUE BALLESTEROS	Longo Master B2 45 a 49 Masculino	01:04:49,896	00:14:50,900	01:11:17,603	01:30:34,769	03:46:42,268
94	151	MARCELO QUINTELLA	Longo Master B2 45 a 49 Masculino	01:05:14,308	00:14:17,518	01:10:53,842	01:30:40,071	03:46:48,221

95	227	SYLVIO LOPES DO COUTO NETO	Longo Master C2 55 a 59 Masculino	01:03:42,059	00:14:34,542	01:11:45,312	01:31:22,973	03:46:50,344
96	123	GABRIEL FABRICIO DE QUEIROZ	Longo Master B1 40 a 44 Masculino	01:06:37,745	00:14:35,790	01:09:27,229	01:30:47,330	03:46:52,304
97	136	EDUARDO CAVALCANTI	Longo Master B2 45 a 49 Masculino	01:05:13,847	00:14:22,724	01:10:54,676	01:30:43,865	03:46:52,388
98	162	MAURICIO LOUREIRO	Longo Master B2 45 a 49 Masculino	01:06:42,570	00:14:34,942	01:09:30,242	01:30:40,061	03:46:52,873
99	217	EDUARDO PEIXOTO	Longo Master C1 50 a 54 Masculino	01:05:13,372	00:14:27,420	01:10:57,799	01:30:43,376	03:46:54,547
100	165	ANDRE JUNQUEIRA	Longo Master B2 45 a 49 Masculino	01:05:17,435	00:14:33,148	01:10:54,183	01:30:43,226	03:46:54,844
101	180	SANDRO GUARNIER DE SOUZA	Longo Master B2 45 a 49 Masculino	01:02:48,956	00:15:35,480	01:13:21,648	01:30:45,174	03:46:55,778
102	280	RAFAEL SIMPLICIO	Longo Master A1 30 a 34 Masculino	01:03:41,833	00:13:52,174	01:09:54,735	01:33:20,253	03:46:56,821
103	237	NELSON DIAS AMORIM	Longo Master C2 55 a 59 Masculino	01:02:48,189	00:12:44,079	01:06:17,111	01:39:47,550	03:48:52,850
104	268	BRUNO DO NASCIMENTO BORBA LOPES	Longo Sub 30 ate 29 Masculino	01:03:09,172	00:16:04,834	01:12:57,204	01:33:16,974	03:49:23,350
105	246	EDUARDO ZAEYEN	Longo Master C2 55 a 59 Masculino	01:06:50,234	00:14:34,402	01:09:26,519	01:33:12,149	03:49:28,902
106	109	GUILHERME BARBOZA	Longo Master B1 40 a 44 Masculino	01:05:16,327	00:14:21,546	01:10:49,770	01:33:33,414	03:49:39,511
107	65	GERHARD DEMETZ	Longo Master A2 35 a 39 Masculino	01:03:44,616	00:14:51,107	01:11:40,336	01:35:38,918	03:51:03,870
108	8	DIONNAS ALEXANDRE SOARES	Longo Master A1 30 a 34 Masculino	00:59:04,418	00:33:04,467	01:23:05,822	01:29:52,189	03:52:02,429
109	58	PAULO ROBERTO RODRIGUES	Longo Master A2 35 a 39 Masculino	01:06:44,454	00:14:34,900	01:09:27,931	01:35:58,944	03:52:11,329
110	161	GUTO CAMBRAIA	Longo Master B2 45 a 49 Masculino	01:06:44,344	00:14:09,542	01:09:24,643	01:36:02,594	03:52:11,581
111	391	PEDRO FIGUEIRA DE MELLO	Longo Master C1 50 a 54 Masculino	01:04:39,350	00:13:41,369	01:10:17,466	01:39:19,993	03:54:16,809
112	345	ERICK AZZI	Longo Master B2 45 a 49 Masculino	01:00:55,946	00:13:50,370	01:10:46,071	01:43:18,573	03:55:00,590
113	129	ANDRE STEFANINI	Longo Master B1 40 a 44 Masculino	01:04:35,035	00:14:36,456	01:11:33,413	01:40:34,457	03:56:42,905
114	410	CARLOS UBIRATAN ANGELO DA SILVA	Longo Master C2 55 a 59 Masculino	01:04:52,627	00:14:52,801	01:11:16,928	01:41:23,133	03:57:32,688
115	279	LEANDRO MATTOS	Longo Master A1 30 a 34 Masculino	01:04:37,489	00:14:57,551	01:11:35,614	01:41:19,957	03:57:33,060
116	160	MARCELO DA SILVA RANGEL	Longo Master B2 45 a 49 Masculino	01:03:01,585	00:15:39,581	01:13:08,932	01:41:39,784	03:57:50,301
117	96	LUÍS GUSTAVO RAMOS PÓVOA	Longo Master B1 40 a 44 Masculino	01:05:11,153	00:15:15,371	01:10:48,368	01:42:12,820	03:58:12,341
118	117	FERNANDO RELVAS	Longo Master B1 40 a 44 Masculino	01:06:47,636	00:14:35,940	01:09:25,884	01:41:58,911	03:58:12,431
119	66	JOÃO MARCELO REIS VILELA	Longo Master A2 35 a 39 Masculino	01:08:26,721	00:14:27,715	01:13:11,556	01:36:36,698	03:58:14,975
120	177	LEONARDO CAVALCANTI	Longo Master B2 45 a 49 Masculino	01:08:20,281	00:15:00,225	01:13:20,114	01:37:52,899	03:59:33,294
121	173	HUMBERTO TUPINAMBA	Longo Master B2 45 a 49 Masculino	01:06:02,362	00:15:59,441	01:15:35,475	01:38:17,273	03:59:55,110
122	198	ALVARO OLIVEIRA	Longo Master C1 50 a 54 Masculino	01:06:43,336	00:15:36,496	01:14:53,424	01:38:19,902	03:59:56,662
123	205	EDUARDO DURAND	Longo Master C1 50 a 54 Masculino	01:04:42,352	00:13:41,709	01:08:56,771	01:46:40,272	04:00:19,395
124	234	PEDRO LORENZO RONCISVALLE	Longo Master C2 55 a 59 Masculino	01:10:25,784	00:14:19,077	01:13:50,416	01:36:41,957	04:00:58,157
125	55	VÍTOR BORGES	Longo Master A2 35 a 39 Masculino	01:04:45,977	00:15:35,760	01:11:20,927	01:45:18,639	04:01:25,543
126	213	CHARLES ALBERTO DA CUNHA MELO	Longo Master C1 50 a 54 Masculino	01:05:16,577	00:14:48,211	01:14:15,335	01:42:02,412	04:01:34,324
127	81	BRUNO DIUANA LOBO	Longo Master B1 40 a 44 Masculino	01:06:46,249	00:14:49,550	01:12:45,315	01:43:40,989	04:03:12,553
128	194	CARLOS LIMA	Longo Master C1 50 a 54 Masculino	01:06:45,726	00:15:43,504	01:14:51,271	01:42:56,097	04:04:33,094
129	148	LUIS FELIPE MONTEIRO PRACA	Longo Master B2 45 a 49 Masculino	01:10:46,286	00:16:26,958	01:15:08,362	01:40:04,630	04:05:59,278
130	167	MARIANO FIGUEIREDO	Longo Master B2 45 a 49 Masculino	01:08:53,917	00:16:12,620	01:14:24,759	01:42:41,279	04:05:59,955
131	255	ALVARO LEOPOLDO E SILVA FILHO	Longo Senior 60 + Masculino	01:08:54,818	00:17:21,274	01:17:01,359	01:40:04,078	04:06:00,255
132	204	ADALBERTO SPIER	Longo Master C1 50 a 54 Masculino	01:06:49,384	00:16:36,000	01:16:30,711	01:42:46,080	04:06:06,175
133	57	GUSTAVO DE ANDRADE PEREIRA	Longo Master A2 35 a 39 Masculino	01:08:36,538	00:15:08,516	01:16:51,963	01:41:43,549	04:07:12,050
134	218	CÁSSIO ZANDONA	Longo Master C1 50 a 54 Masculino	01:10:28,050	00:15:52,112	01:15:29,579	01:42:04,057	04:08:01,686
135	147	ROGERIO QUAGLIO	Longo Master B2 45 a 49 Masculino	01:10:02,287	00:15:12,805	01:15:29,371	01:44:42,522	04:10:14,180
136	197	JESUS OLIVEIRA	Longo Master C1 50 a 54 Masculino	01:08:52,322	00:15:17,515	01:14:25,884	01:47:00,934	04:10:19,140
137	157	GLAUCO GOMES RIBEIRO	Longo Master B2 45 a 49 Masculino	01:09:28,145	00:16:33,776	01:16:27,642	01:44:46,738	04:10:42,525
138	220	FÁBIO LUCCHEZI	Longo Master C1 50 a 54 Masculino	01:09:22,025	00:16:01,547	01:16:33,053	01:45:11,272	04:11:06,350
139	112	BRENO MENDES	Longo Master B1 40 a 44 Masculino	01:08:23,526	00:16:06,440	01:14:54,179	01:49:32,565	04:12:50,270

140	108	LEANDRO INAKAKE DE SOUZA	Longo Master B1 40 a 44 Masculino	01:07:22,934	00:16:22,475	01:19:18,827	01:47:45,892	04:14:27,653
141	94	ELTON FIRMINO	Longo Master B1 40 a 44 Masculino	01:09:50,311	00:16:39,371	01:16:04,512	01:48:33,043	04:14:27,866
142	190	ALEXANDRE ROCHA ALVES RAMOS	Longo Master C1 50 a 54 Masculino	01:06:06,933	00:15:59,712	01:15:31,948	01:53:09,948	04:14:48,829
143	207	LUIS COZAC	Longo Master C1 50 a 54 Masculino	01:08:57,579	00:15:15,752	01:14:21,789	01:53:18,345	04:16:37,713
144	187	ANDRE ESTRELLA	Longo Master C1 50 a 54 Masculino	01:10:36,558	00:17:35,291	01:17:43,867	01:48:54,760	04:17:15,185
145	27	LUCAS MINÉ GERACI	Longo Master A2 35 a 39 Masculino	01:12:30,165	00:16:10,301	01:15:48,934	01:49:00,047	04:17:19,146
146	379	FERNANDO DOMENECH	Longo Master C1 50 a 54 Masculino	01:09:28,963	00:15:20,436	01:13:52,055	01:54:16,382	04:17:37,400
147	111	GUSTAVO PHILADELPHO ARANTES PEREIRA	Longo Master B1 40 a 44 Masculino	01:09:27,349	00:15:58,399	01:17:13,368	01:51:26,129	04:18:06,846
148	155	CLÁUDIO MENDES	Longo Master B2 45 a 49 Masculino	01:07:54,247	00:15:02,931	01:14:41,251	01:55:37,886	04:18:13,384
149	85	HELIO BONORA	Longo Master B1 40 a 44 Masculino	01:09:49,717	00:17:17,021	01:18:32,507	01:52:58,332	04:21:20,556
150	116	ANDRÉ MACEDO ROSSI	Longo Master B1 40 a 44 Masculino	01:06:00,947	00:16:31,808	01:17:15,619	01:59:26,318	04:22:42,884
151	107	MARCUS V S FARIA	Longo Master B1 40 a 44 Masculino	01:12:18,172	00:15:03,688	01:20:42,837	01:50:48,780	04:23:49,789
152	346	ANDRE MELLO	Longo Master B2 45 a 49 Masculino	01:13:08,673	00:17:04,113	01:31:05,785	01:39:45,863	04:24:00,321
153	195	LUIZ CLAUDIO OLIVEIRA DE ANDRADE	Longo Master C1 50 a 54 Masculino	01:14:15,513	00:17:38,349	01:20:53,136	01:49:20,554	04:24:29,203
154	98	ALEXANDRE VOMERO	Longo Master B1 40 a 44 Masculino	01:09:28,743	00:16:32,412	01:17:53,376	01:57:42,560	04:25:04,679
155	178	RENATO VELASCO	Longo Master B2 45 a 49 Masculino	01:11:10,019	00:16:22,097	01:20:05,000	01:55:39,220	04:26:54,239
156	258	ANTONIO FERNANDO WAQUIM SALOMÃO	Longo Senior 60 + Masculino	01:10:53,591	00:17:54,005	01:22:44,746	01:53:50,577	04:27:28,914
157	223	ANDRE MARTINS	Longo Master C2 55 a 59 Masculino	01:10:55,460	00:17:59,666	01:22:41,224	01:54:31,284	04:28:07,968
158	417	BERNARDO REZENDE	Longo Senior 60 + Masculino	01:10:56,580	00:17:59,202	01:22:41,041	01:54:30,406	04:28:08,027
159	106	GUSTAVO GALVÃO	Longo Master B1 40 a 44 Masculino	01:13:04,797	00:17:49,564	01:20:50,016	01:55:34,839	04:29:29,652
160	40	THIAGO DA SILVA PEREIRA SOARES	Longo Master A2 35 a 39 Masculino	01:14:39,728	00:18:09,193	01:22:19,877	01:53:11,350	04:30:10,955
161	209	LUIZ GUILHERME MOREIRA ALVES	Longo Master C1 50 a 54 Masculino	01:11:42,063	00:17:49,451	01:23:28,854	01:55:14,880	04:30:25,797
162	114	ANDRE FERREIRA	Longo Master B1 40 a 44 Masculino	01:15:02,084	00:17:06,562	01:24:51,126	01:50:34,228	04:30:27,438
163	359	DANY GELLER	Longo Master B2 45 a 49 Masculino	01:17:44,710	00:18:28,014	01:27:02,636	01:45:57,604	04:30:44,950
164	225	CARLOS ENRIQUE VALLEJO BRUNELLI	Longo Master C2 55 a 59 Masculino	01:14:13,950	00:16:30,946	01:19:41,673	01:56:54,641	04:30:50,264
165	249	ELMO DE ARAUJO CARVALHO JUNIOR	Longo Senior 60 + Masculino	01:15:16,927	00:17:41,124	01:21:44,664	01:54:18,717	04:31:20,308
166	11	FLAVIO FIALHO	Longo Master A1 30 a 34 Masculino	01:12:52,424	00:17:27,720	01:22:15,563	01:57:33,171	04:32:41,158
167	125	CRISTIANO DE BRITO SILVA	Longo Master B1 40 a 44 Masculino	01:13:05,537	00:17:13,316	01:23:40,148	01:57:01,127	04:33:46,812
168	91	CRISTIANO LEONEL CORREA	Longo Master B1 40 a 44 Masculino	01:15:06,190	00:19:23,026	01:24:49,183	01:53:58,710	04:33:54,083
169	326	OSWALDO FARIA	Longo Master B1 40 a 44 Masculino	01:18:54,414	00:18:36,874	01:25:52,257	01:50:44,315	04:35:30,986
170	127	TARSO MOSCI	Longo Master B1 40 a 44 Masculino	01:19:20,419	00:17:16,690	01:27:57,512	01:52:53,320	04:40:11,251
171	154	STEPHANO MADURO	Longo Master B2 45 a 49 Masculino	01:15:16,375	00:18:16,304	01:27:13,194	01:59:25,082	04:41:54,651
172	378	MARCELO DE SOUZA	Longo Master C1 50 a 54 Masculino	01:15:27,024	00:19:19,839	01:24:39,783	02:09:12,575	04:49:19,382
173	164	ALEXANDER CARDOSO DA SILVA	Longo Master B2 45 a 49 Masculino	01:18:51,936	00:18:55,403	01:28:26,537	02:02:18,759	04:49:37,232
174	256	ROBERTO SACCHI DA MOTTA TEIXEIRA	Longo Senior 60 + Masculino	01:15:15,801	00:18:06,179	01:23:32,156	02:16:11,059	04:54:59,016
175	216	EDUARDO BARRIENTOS	Longo Master C1 50 a 54 Masculino	01:19:07,400	00:20:45,608	01:30:26,531	02:05:51,115	04:55:25,046
176	414	ALBERTO RIBEIRO GUTH	Longo Senior 60 + Masculino	01:16:04,818	00:19:15,271	01:33:27,446	02:07:51,177	04:57:23,441
177	24	MARCOS PAULO AROUCA PEREIRA	Longo Master A2 35 a 39 Masculino	01:19:55,522	00:19:09,503	01:28:21,399	02:09:14,281	04:57:31,202
178	29	GUILHERME AGUIAR BAYMA	Longo Master A2 35 a 39 Masculino	01:18:17,569	00:20:22,470	01:31:15,038	02:08:07,490	04:57:40,097
179	229	CARLOS HENRIQUE TEIXEIRA JR	Longo Master C2 55 a 59 Masculino	01:16:03,981	00:19:46,925	01:33:28,088	02:15:04,759	05:04:36,828
180	240	ANTONIO CARLOS ARAUJO	Longo Master C2 55 a 59 Masculino	01:21:26,234	00:20:51,539	01:35:44,986	02:13:29,171	05:10:40,391
181	383	FRANCISCO BRAGANÇA	Longo Master C1 50 a 54 Masculino	01:18:02,366	00:18:54,659	01:31:45,464	02:22:58,174	05:12:46,004
182	126	JULIUS CHRISTIE DOS REIS SANTOS	Longo Master B1 40 a 44 Masculino	01:19:14,265	00:19:54,645	01:36:27,748	02:19:38,594	05:15:20,607
183	63	FRANCISCO DE ASSIS JUNIOR	Longo Master A2 35 a 39 Masculino	01:19:10,355	00:22:31,979	01:37:48,734	02:19:34,496	05:16:33,585

Geral Medio Feminino

Class	Num	Nome	Categoria	Pouso Alto	Rei da Montanha	Topo Serra	São Lourenço	Tempo Total
1	334	DANIELA REIS	TOP MEDIO FEMININO	01:07:56,315	00:14:43,309	00:50:15,033	01:05:23,091	03:03:34,439
2	222	RITA MEDEIROS	TOP MEDIO FEMININO	01:07:28,758	00:15:03,781	00:50:37,159	01:07:53,809	03:05:59,726
3	262	BRUNA RIBEIRO BARROS DOS SANTOS	TOP MEDIO FEMININO	01:09:04,334	00:16:51,023	00:52:59,381	01:05:20,935	03:07:24,650
4	307	MELISSA BERTTI DE OLIVEIRA	TOP MEDIO FEMININO	01:07:40,519	00:16:41,110	00:52:30,508	01:12:50,499	03:13:01,526
5	365	PATRICIA ALBERNAZ MARCONDES CESAR	TOP MEDIO FEMININO	01:13:00,070	00:15:26,408	00:50:43,185	01:10:08,695	03:13:51,950
6	5	LUDMILA PRADO SOUZA CREPALDI REIS	Medio Master A1 30 a 34 Feminino	01:10:25,346	00:16:27,281	00:52:21,450	01:14:14,288	03:17:01,084
7	278	LÍVIA DALCENO SANTORO	Medio Master A1 30 a 34 Feminino	01:11:05,157	00:16:49,776	00:54:23,246	01:11:39,879	03:17:08,282
8	374	DENISE SETTE ROCHA DE MENEZES	Medio Master C1 50 a 54 Feminino	01:10:58,543	00:17:32,619	00:55:39,737	01:12:58,303	03:19:36,583
9	314	ADRIANA NOGUEIRA	Medio Master B1 40 a 44 Feminino	01:13:01,092	00:17:09,093	00:54:29,550	01:14:23,229	03:21:53,871
10	398	ANA LILA BALBINO	Medio Master C2 55 a 59 Feminino	01:14:13,099	00:17:45,302	00:56:12,468	01:13:52,224	03:24:17,791
11	376	ELIANA DE SOUZA SOAREZ	Medio Master C1 50 a 54 Feminino	01:15:49,597	00:17:58,864	00:55:07,674	01:14:14,673	03:25:11,944
12	292	CAROLINE TANGANELLI	Medio Master A2 35 a 39 Feminino	01:17:48,687	00:18:42,781	00:58:30,433	01:13:59,870	03:30:18,990
13	340	PATRICIA CRISTINA LIMA DA COSTA	Medio Master B2 45 a 49 Feminino	01:20:05,699	00:18:27,128	01:00:25,267	01:14:20,061	03:34:51,027
14	361	ELESSANDRA SILVA	Medio Master B2 45 a 49 Feminino	01:20:35,304	00:19:13,954	01:01:34,564	01:13:25,848	03:35:35,716
15	315	DANIELA MONSTANS	Medio Master B1 40 a 44 Feminino	01:17:47,870	00:19:26,666	01:00:25,620	01:18:52,242	03:37:05,732
16	308	RENATA CHAGAS	Medio Master B1 40 a 44 Feminino	01:20:31,963	00:18:57,574	01:00:32,447	01:17:41,276	03:38:45,686
17	138	CRISTINA PASSOS	Medio Master B2 45 a 49 Feminino	01:19:46,916	00:19:09,356	00:59:47,641	01:19:18,012	03:38:52,569
18	372	MARIANA RIBEIRO MONTEIRO DE CARVALHO	Medio Master C1 50 a 54 Feminino	01:17:45,845	00:19:55,474	00:59:49,186	01:21:46,888	03:39:21,919
19	396	ANNA VIANNA	Medio Master C2 55 a 59 Feminino	01:17:48,441	00:20:00,431	01:01:47,393	01:19:54,519	03:39:30,353
20	316	ANA LUISA CARVALHO ARAUJO	Medio Master B1 40 a 44 Feminino	01:21:33,780	00:18:39,917	01:00:52,734	01:18:00,973	03:40:27,487
21	368	SALETTE MOREIRA DE NIEMEYER	Medio Master C1 50 a 54 Feminino	01:21:14,136	00:19:36,238	01:00:49,954	01:18:29,685	03:40:33,775
22	364	ANDREA MASELLI	Medio Master C1 50 a 54 Feminino	01:23:12,224	00:19:25,473	01:02:11,910	01:15:28,898	03:40:53,032
23	342	BEATRIZ PARRA	Medio Master B2 45 a 49 Feminino	01:19:08,217	00:18:21,318	01:01:29,294	01:21:48,174	03:42:25,685
24	336	MARIA VILMA SAMPAIO GOMES	Medio Master B2 45 a 49 Feminino	01:21:52,170	00:19:48,226	01:02:25,430	01:18:40,358	03:42:57,958
25	333	ANA PAULA BONILHA	Medio Master B2 45 a 49 Feminino	01:19:04,966	00:20:23,350	01:03:51,964	01:20:45,836	03:43:42,766
26	371	LUISANA RIBEIRO DE ANDRADE	Medio Master C1 50 a 54 Feminino	01:24:18,923	00:19:05,341	01:02:06,576	01:18:21,244	03:44:46,743
27	362	SORAYA BRAVO MELLO	Medio Master C1 50 a 54 Feminino	01:26:35,980	00:20:26,603	01:03:52,929	01:19:15,699	03:49:44,608
28	19	FLÁVIA CRUZ	Medio Master A2 35 a 39 Feminino	01:21:50,634	00:20:36,107	01:05:40,002	01:22:57,975	03:50:28,611
29	375	FERNANDA LIMA	Medio Master C1 50 a 54 Feminino	01:24:57,800	00:19:42,767	01:03:03,286	01:22:45,760	03:50:46,846
30	397	NUBIA FURETTI. SANTOS	Medio Master C2 55 a 59 Feminino	01:28:46,010	00:19:30,921	01:01:52,362	01:21:53,148	03:52:31,520
31	310	CAMILLA ALBINO	Medio Master B1 40 a 44 Feminino	01:22:59,608	00:22:33,664	01:07:10,223	01:22:21,925	03:52:31,756
32	331	SANDRA CIRAUDO	Medio Master B2 45 a 49 Feminino	01:27:00,731	00:21:36,158	01:06:40,146	01:19:37,144	03:53:18,021
33	318	JULIANA PEDRAS	Medio Master B1 40 a 44 Feminino	01:28:44,701	00:19:14,089	01:04:37,246	01:23:58,381	03:57:20,328
34	401	DEBORAH WOLLNER WILCOX	Medio Master C2 55 a 59 Feminino	01:25:26,977	00:22:06,966	01:09:03,498	01:23:57,110	03:58:27,585
35	370	MARIA CLARA DANIEL	Medio Master C1 50 a 54 Feminino	01:25:24,159	00:21:18,480	01:07:27,247	01:26:20,926	03:59:12,332
36	373	ADRIANA SALES	Medio Master C1 50 a 54 Feminino	01:26:38,505	00:21:21,110	01:07:04,877	01:26:23,738	04:00:07,120
37	291	ANA BARROSO	Medio Master A2 35 a 39 Feminino	01:26:37,561	00:21:21,329	01:07:06,379	01:26:23,320	04:00:07,260
38	78	CÂMILA RODRIGUES	Medio Master B1 40 a 44 Feminino	01:32:15,737	00:21:29,593	01:11:07,540	01:18:23,751	04:01:47,028
39	399	TÂNIA MARIA FERREIRA DE MEDEIROS	Medio Master C2 55 a 59 Feminino	01:26:23,352	00:21:38,562	01:07:21,247	01:28:49,472	04:02:34,071
40	411	ANA GABRIELA MONTEIRO DE BARROS	Medio Senior 60 + Feminino	01:26:37,034	00:23:14,938	01:11:04,848	01:25:10,867	04:02:52,749
41	366	DEISE MARTINS ROSA	Medio Master C1 50 a 54 Feminino	01:26:35,809	00:22:02,323	01:08:03,876	01:33:44,833	04:08:24,518
42	363	ELIETTE OLIVEIRA PEREIRA	Medio Master C1 50 a 54 Feminino	01:30:04,602	00:22:46,614	01:09:46,124	01:29:23,416	04:09:14,142
43	339	MARIA APPARECIDA QUINTELLA	Medio Master B2 45 a 49 Feminino	01:28:41,885	00:23:22,174	01:14:07,509	01:30:46,470	04:13:35,864

44	337	MONICA CAVALCANTI	Medio Master B2 45 a 49 Feminino	01:28:45,821	00:23:20,338	01:14:02,384	01:30:47,776	04:13:35,981
45	312	VANESSA FRANCO	Medio Master B1 40 a 44 Feminino	01:25:23,272	00:22:39,541	01:14:35,939	01:43:33,613	04:23:32,824
46	343	MARIA FATIMA GONCALVES PEREIRA	Medio Master B2 45 a 49 Feminino	01:37:06,243	00:23:45,071	01:18:07,841	01:37:10,439	04:32:24,523
47	367	CHRISTINE CHRISTMANN	Medio Master C1 50 a 54 Feminino	01:39:01,668	00:24:40,143	01:18:48,297	01:50:36,222	04:48:26,187
48	412	DINALVA JARDIM	Medio Senior 60 + Feminino	01:48:32,234	00:00:00,000	00:00:00,000	11:31:24,868	05:01:27,868
49	276	AGNES ALENCAR	Medio Master A1 30 a 34 Feminino	01:47:55,287	00:00:00,000	00:00:00,000	11:37:19,921	05:07:22,921
50	317	CINTIA LIRA	Medio Master B1 40 a 44 Feminino	01:45:36,132	00:00:00,000	00:00:00,000	11:44:45,394	05:14:48,394
DSQ	275	FERNANDA CEDARO	Medio Master A1 30 a 34 Feminino	00:00:00,000	00:00:00,000	00:00:00,000	00:00:00,000	02:40:13,827

Geral Medio Masculino

Class	Num	Nome	Categoria	Pouso Alto	Rei da Montanha	Topo Serra	São Lourenço	Tempo Total
1	45	DANIEL MENDES	TOP MEDIO MASCULINO	00:59:12,064	00:09:17,875	00:34:48,576	00:48:23,274	02:22:23,914
2	110	LEONIDAS TAVARES DA SILVA	TOP MEDIO MASCULINO	00:59:11,265	00:10:36,677	00:37:14,493	00:55:19,111	02:31:44,869
3	301	LUIZ FLAVIO MONTEIRO	TOP MEDIO MASCULINO	00:59:25,990	00:11:09,765	00:38:24,202	00:56:36,018	02:34:26,210
4	25	FELIPE JONAS ALVES ALVES	TOP MEDIO MASCULINO	00:59:05,947	00:11:53,238	00:39:27,528	00:58:37,787	02:37:11,262
5	269	PEDRO HENRIQUE DOS SANTOS VIRLA	TOP MEDIO MASCULINO	00:59:10,506	00:12:01,184	00:39:30,901	00:58:29,964	02:37:11,371
6	288	RENATO CARRIO	Medio Master A1 30 a 34 Masculino	00:59:14,634	00:12:39,509	00:41:20,656	00:57:22,355	02:37:57,645
7	297	FERNANDO JUNQUEIRA LIMA	Medio Master A2 35 a 39 Masculino	00:59:18,618	00:12:41,700	00:40:17,530	00:58:22,187	02:37:58,335
8	53	RAFAEL NIRO	Medio Master A2 35 a 39 Masculino	00:59:25,310	00:12:34,646	00:41:03,685	00:57:30,039	02:37:59,034
9	347	BRUNO TEMPESTA	Medio Master B2 45 a 49 Masculino	00:59:24,783	00:12:32,360	00:41:05,573	00:57:39,954	02:38:10,310
10	349	ANDRÉ CAMPOS	Medio Master B2 45 a 49 Masculino	00:59:10,754	00:13:46,164	00:43:37,487	01:02:18,410	02:45:06,651
11	286	GUSTAVO MACEDO	Medio Master A1 30 a 34 Masculino	01:01:26,117	00:12:52,772	00:43:35,185	01:03:50,355	02:48:51,657
12	304	ADEMAR JUNIOR	Medio Master A2 35 a 39 Masculino	01:03:11,283	00:13:10,139	00:43:59,239	01:01:42,098	02:48:52,620
13	31	VICTOR GREY	Medio Master A2 35 a 39 Masculino	01:03:16,942	00:13:11,429	00:43:55,445	01:02:31,458	02:49:43,845
14	285	RENATO WILSON DA SILVA WILSON	Medio Master A1 30 a 34 Masculino	01:02:45,438	00:14:46,298	00:47:07,853	01:03:12,591	02:53:05,882
15	86	DANIEL ROCHA	Medio Master B1 40 a 44 Masculino	01:03:13,920	00:13:30,191	00:44:17,138	01:05:36,571	02:53:07,629
16	323	BRUNO BORBA LEITE	Medio Master B1 40 a 44 Masculino	01:04:40,550	00:13:41,250	00:45:51,066	01:03:48,322	02:54:19,938
17	242	ROBIE PORTA BOMBONATTI	Medio Master C2 55 a 59 Masculino	01:04:34,891	00:13:43,662	00:45:56,123	01:03:52,358	02:54:23,372
18	56	CARLOS HENRIQUE DA SILVA MENDES	Medio Master A2 35 a 39 Masculino	01:03:39,565	00:13:53,983	00:47:01,124	01:03:56,906	02:54:37,595
19	389	ROBERTO PONTES	Medio Master C1 50 a 54 Masculino	01:04:36,877	00:13:42,673	00:45:55,021	01:06:54,825	02:57:26,723
20	281	VINÍCIUS LUZ TEIXEIRA	Medio Master A1 30 a 34 Masculino	01:03:40,251	00:14:48,357	00:47:55,791	01:06:08,087	02:57:44,129
21	47	JULIEN MALTAVERNE	Medio Master A2 35 a 39 Masculino	01:04:36,873	00:14:25,354	00:46:37,292	01:06:51,635	02:58:05,800
22	356	ROBERTH JONNES SOUZA	Medio Master B2 45 a 49 Masculino	01:03:11,675	00:14:34,133	00:47:54,685	01:07:59,518	02:59:05,878
23	272	MÁRCIO GABRIEL	Medio Sub 30 ate 29 Masculino	01:03:27,503	00:14:38,408	00:47:57,790	01:07:42,485	02:59:07,778
24	360	ALESSANDRO NASCIMENTO CENTI	Medio Master B2 45 a 49 Masculino	01:04:50,657	00:15:39,992	00:49:21,476	01:06:20,752	03:00:32,885
25	298	CARLOS EDUARDO ALVES PAIVA	Medio Master A2 35 a 39 Masculino	01:03:42,766	00:13:51,460	00:46:47,792	01:10:24,485	03:00:55,043
26	257	GUARACY FERNANDES	Medio Senior 60 + Masculino	01:05:19,236	00:14:35,770	00:48:56,329	01:06:57,677	03:01:13,242
27	433	GABRIEL PEON	Medio Sub 30 ate 29 Masculino	01:04:47,222	00:15:21,993	00:49:07,744	01:07:55,520	03:01:50,486
28	287	ANDRÉ GARABED SCHUARTZ	Medio Master A1 30 a 34 Masculino	01:04:43,474	00:14:25,340	00:46:31,667	01:11:14,402	03:02:29,543
29	388	LEONARDO NEGREIROS	Medio Master C1 50 a 54 Masculino	01:04:34,317	00:15:24,169	00:49:22,366	01:08:42,809	03:02:39,492
30	99	RICARDO BASTOS	Medio Master B1 40 a 44 Masculino	01:06:48,385	00:15:16,693	00:50:23,765	01:06:19,619	03:03:31,769
31	283	GABRIEL VASSALO DE SOUZA	Medio Master A1 30 a 34 Masculino	01:05:14,943	00:15:37,961	00:50:01,040	01:09:56,451	03:05:12,434
32	34	FELIPE RODRIGUES MAIA	Medio Master A2 35 a 39 Masculino	01:07:24,655	00:16:26,299	00:52:40,709	01:06:33,944	03:06:39,308
33	392	CARLOS FIGUEIREDO	Medio Master C1 50 a 54 Masculino	01:07:35,918	00:15:33,999	00:51:14,406	01:08:06,379	03:06:56,703
34	385	CLAUDIO ROBERTO A DE SOUZA	Medio Master C1 50 a 54 Masculino	01:09:04,968	00:16:51,034	00:52:58,081	01:05:22,046	03:07:25,095

35	404	ALEXANDRE SCHWARTSMAN	Medio Master C2 55 a 59 Masculino	01:08:39,591	00:15:29,835	00:50:23,568	01:08:44,028	03:07:47,187
36	305	ROGER VIEIRA FEICHAS	Medio Master A2 35 a 39 Masculino	01:06:34,854	00:16:47,713	00:51:37,113	01:09:40,518	03:07:52,485
37	12	IGOR FLORI	Medio Master A1 30 a 34 Masculino	01:04:34,349	00:15:28,227	00:47:40,182	01:15:43,186	03:07:57,717
38	251	JOSE VASQUES FILHO	Medio Senior 60 + Masculino	01:08:56,657	00:15:15,300	00:50:40,514	01:09:55,349	03:09:32,520
39	381	MARCUS VINICIUS DANTAS DE C MARTINS	Medio Master C1 50 a 54 Masculino	01:06:41,835	00:16:35,028	00:51:02,774	01:12:38,815	03:10:23,424
40	421	ALBERT ALCOULOUMBRE	Medio Senior 60 + Masculino	01:10:48,091	00:16:31,324	00:52:02,077	01:07:58,334	03:10:48,502
41	64	FELIPE SANTOS LEOPOLDINO DA SILVA	Medio Master A2 35 a 39 Masculino	01:09:22,822	00:16:44,241	00:51:42,422	01:10:29,881	03:11:35,125
42	320	THIAGO PAREJA SANTOS	Medio Master B1 40 a 44 Masculino	01:10:27,339	00:16:31,593	00:54:05,876	01:07:04,657	03:11:37,872
43	408	EDSON GOMES DE OLIVEIRA MELO	Medio Master C2 55 a 59 Masculino	01:10:22,125	00:18:24,981	00:56:04,814	01:07:14,629	03:13:41,568
44	241	WALTER TUCHE	Medio Master C2 55 a 59 Masculino	01:10:38,154	00:17:31,993	00:53:58,829	01:09:05,003	03:13:41,986
45	303	RAFAEL ROCHA MIRANDA DE FEJES	Medio Master A2 35 a 39 Masculino	01:09:20,518	00:17:31,878	00:53:33,195	01:10:51,345	03:13:45,058
46	48	MARCUS VINICIUS DOS SANTOS BATISTELA	Medio Master A2 35 a 39 Masculino	01:14:55,351	00:15:47,094	00:53:31,479	01:06:10,582	03:14:37,412
47	352	ALEXANDRE PASSOS DA SILVA	Medio Master B2 45 a 49 Masculino	01:12:51,294	00:17:56,920	00:53:17,950	01:09:10,193	03:15:19,437
48	324	GUILHERME GUIMARÃES	Medio Master B1 40 a 44 Masculino	01:08:21,296	00:17:06,119	00:53:58,490	01:13:13,915	03:15:33,701
49	377	EDUARDO GOMEZ	Medio Master C1 50 a 54 Masculino	01:11:16,800	00:16:19,672	00:53:15,561	01:11:08,587	03:15:40,948
50	322	RODRIGO GOMES DE ASSIS	Medio Master B1 40 a 44 Masculino	01:10:50,921	00:17:00,014	00:54:39,210	01:10:16,160	03:15:46,291
51	214	ROBINSON BARCELLOS	Medio Master C1 50 a 54 Masculino	01:11:40,532	00:16:59,750	00:55:34,064	01:11:15,302	03:18:29,898
52	221	FLAVIO NOGUEIRA FERNANDES	Medio Master C1 50 a 54 Masculino	01:10:25,982	00:18:38,556	00:56:15,194	01:13:46,081	03:20:27,257
53	393	JOSÉ ANTÔNIO MARTINS	Medio Master C1 50 a 54 Masculino	01:06:38,407	00:19:00,026	00:56:27,720	01:18:01,856	03:21:07,983
54	192	ROBERTO SANTANA	Medio Master C1 50 a 54 Masculino	01:11:43,505	00:17:51,889	00:57:22,891	01:12:18,513	03:21:24,909
55	354	EDUARDO RAIMUNDO	Medio Master B2 45 a 49 Masculino	01:12:54,854	00:17:55,770	00:55:26,301	01:13:13,598	03:21:34,753
56	118	VANDER GALVANINI	Medio Master B1 40 a 44 Masculino	01:07:31,777	00:18:38,567	00:56:36,746	01:18:54,609	03:23:03,132
57	413	BERNARDINO VIEIRA DE OLIVEIRA	Medio Senior 60 + Masculino	01:10:39,347	00:18:31,150	00:54:56,324	01:17:29,375	03:23:05,046
58	386	LUIZ HENRIQUE DA COSTA ARAUJO	Medio Master C1 50 a 54 Masculino	01:17:43,496	00:16:34,315	00:56:53,620	01:12:09,448	03:26:46,564
59	329	LUIZ RICARDO GARCIA	Medio Master B1 40 a 44 Masculino	01:07:34,528	00:16:02,654	01:07:43,505	01:13:25,621	03:28:43,654
60	405	FABIANO CICARINO ROCHA	Medio Master C2 55 a 59 Masculino	01:12:50,099	00:18:53,429	00:58:08,619	01:19:38,512	03:30:37,230
61	122	ROBERTO SCHUMAN	Medio Master B1 40 a 44 Masculino	01:13:09,589	00:18:56,176	00:58:25,917	01:19:29,877	03:31:05,383
62	351	PEDRO CHERMONT	Medio Master B2 45 a 49 Masculino	01:17:54,260	00:17:00,866	00:58:44,314	01:14:34,164	03:31:12,738
63	358	BRUNO FREITAS	Medio Master B2 45 a 49 Masculino	01:18:57,367	00:19:39,516	01:02:06,261	01:14:40,408	03:35:44,036
64	434	RAPHAEL BASILIO DE OLIVEIRA EMYGDIO	Medio Sub 30 ate 29 Masculino	01:16:18,903	00:19:09,296	01:00:31,068	01:18:57,873	03:35:47,844
65	296	LEONARDO JR. NOGUEIRA	Medio Master A2 35 a 39 Masculino	01:17:45,681	00:19:32,097	01:00:58,137	01:19:46,315	03:38:30,133
66	295	FELIPE JUNQUEIRA PENTEADO	Medio Master A2 35 a 39 Masculino	01:17:25,947	00:21:20,535	01:03:29,200	01:18:35,112	03:39:30,259
67	407	DENILSON LELIS CAMPOS	Medio Master C2 55 a 59 Masculino	00:00:00,000	00:26:23,701	08:55:55,677	01:14:32,231	03:40:30,908
68	403	RICARDO ZUGLIANI	Medio Master C2 55 a 59 Masculino	01:23:10,079	00:19:25,389	01:02:13,477	01:15:30,164	03:40:53,720
69	143	FRANCISCO MELO	Medio Master B2 45 a 49 Masculino	01:15:03,733	00:19:53,490	01:07:05,024	01:20:03,887	03:42:12,644
70	382	EDER REIS	Medio Master C1 50 a 54 Masculino	01:20:34,075	00:20:16,627	01:03:01,719	01:19:18,518	03:42:54,312
71	427	FABIO PARREIRA PINTO	Medio Senior 60 + Masculino	01:20:36,606	00:20:08,376	01:02:48,137	01:21:17,637	03:44:42,380
72	426	JOSE ANTONIO MARCONDES CESAR	Medio Senior 60 + Masculino	01:17:49,635	00:20:46,832	01:03:01,390	01:24:08,133	03:44:59,158
73	172	WASHINGTON MOURA	Medio Master B2 45 a 49 Masculino	01:17:47,248	00:19:26,463	00:59:18,828	01:28:05,570	03:45:11,646
74	35	BERNARDO PENTAGNA	Medio Master A2 35 a 39 Masculino	01:21:18,764	00:20:20,208	01:05:00,816	01:19:38,671	03:45:58,251
75	425	JORGE MARCO POLO SANTORO	Medio Senior 60 + Masculino	01:19:42,203	00:20:48,872	01:04:23,789	01:22:05,155	03:46:11,147
76	231	RICARDO DIZ	Medio Master C2 55 a 59 Masculino	01:23:13,221	00:20:31,684	01:03:18,724	01:21:55,141	03:48:27,086
77	233	LUIZ PAIXÃO	Medio Master C2 55 a 59 Masculino	01:21:43,599	00:20:20,140	01:02:48,256	01:25:01,007	03:49:32,862
78	90	RODRIGO SOLANO	Medio Master B1 40 a 44 Masculino	01:23:25,606	00:20:16,829	01:04:06,311	01:22:49,389	03:50:21,306
79	284	PEDRO DE CAMPOS VIDAL CAMILO	Medio Master A1 30 a 34 Masculino	01:21:44,471	00:19:36,462	01:00:20,443	01:30:13,799	03:52:18,713

80	431	JOAO PEDRO DIZ	Medio Sub 30 ate 29 Masculino	01:23:58,900	00:20:24,211	01:02:26,142	01:26:49,610	03:53:14,652
81	380	RODRIGO SALOMAO	Medio Master C1 50 a 54 Masculino	01:17:21,245	00:23:03,459	01:05:45,032	01:32:00,220	03:55:06,497
82	423	FRANCISCO GENTIL ESPILDORA	Medio Senior 60 + Masculino	01:21:19,021	00:22:38,056	01:07:46,856	01:28:38,934	03:57:44,811
83	416	ANDREW DENTON	Medio Senior 60 + Masculino	01:25:31,635	00:22:40,698	01:07:31,664	01:26:09,443	03:59:12,742
84	238	CESAR ASSOLANT	Medio Master C2 55 a 59 Masculino	01:26:26,739	00:20:29,288	01:08:02,111	01:26:12,883	04:00:41,733
85	422	GUSTAVO SOUTO MAIOR SALGADO	Medio Senior 60 + Masculino	01:33:04,678	00:19:44,371	01:05:57,055	01:21:41,890	04:00:43,623
86	224	ANTONIO DIRCEU DE OLIVEIRA RIBEIRO	Medio Master C2 55 a 59 Masculino	01:26:29,471	00:23:34,167	01:11:32,611	01:23:46,682	04:01:48,764
87	418	ROBERTO FRANCO	Medio Senior 60 + Masculino	01:26:41,140	00:22:17,870	01:11:31,633	01:24:17,909	04:02:30,682
88	282	RODRIGO FERREIRA FERNANDES	Medio Master A1 30 a 34 Masculino	01:23:45,725	00:24:02,522	01:11:27,043	01:27:51,734	04:03:04,502
89	406	CARLOS ALBERTO MONTEIRO DA ROCHA	Medio Master C2 55 a 59 Masculino	01:23:46,820	00:24:03,521	01:11:27,265	01:27:51,291	04:03:05,376
90	357	JAIRO MARTINS ROSA	Medio Master B2 45 a 49 Masculino	01:26:39,468	00:22:10,216	01:09:20,278	01:32:25,469	04:08:25,215
91	300	WHENED MEDEIROS	Medio Master A2 35 a 39 Masculino	01:26:57,641	00:19:20,006	01:09:32,526	01:35:43,885	04:12:14,052
92	384	ALEXANDRE ROXO	Medio Master C1 50 a 54 Masculino	01:26:57,514	00:21:10,038	01:09:31,750	01:35:46,818	04:12:16,082
93	409	GILBERTO PAULOZZI	Medio Master C2 55 a 59 Masculino	01:27:37,755	00:23:48,665	01:11:21,061	01:36:09,022	04:15:07,838
94	212	ULYSSES PEDRO SANTOS	Medio Master C1 50 a 54 Masculino	01:29:26,996	00:23:33,281	01:14:38,125	01:35:42,183	04:19:47,304
95	203	DILSON FRANCO	Medio Master C1 50 a 54 Masculino	01:36:07,785	00:24:47,325	01:13:57,750	01:35:09,901	04:25:15,436
96	402	NILTON SANTANA DE OLIVEIRA	Medio Master C2 55 a 59 Masculino	01:36:06,391	00:25:38,281	01:13:43,229	01:35:26,172	04:25:15,792
97	319	THIAGO LENZI RESENDE	Medio Master B1 40 a 44 Masculino	01:29:55,684	00:28:43,065	01:22:47,757	01:36:53,626	04:29:37,067
98	210	DECIO RODRIGUES JUNIOR	Medio Master C1 50 a 54 Masculino	01:34:23,739	00:27:09,784	01:21:59,642	01:38:10,082	04:34:33,463
99	424	JOAO CANDIDO BOTELHO GOMES	Medio Senior 60 + Masculino	01:34:55,294	00:24:00,724	01:19:43,142	01:42:49,616	04:37:28,052
100	420	CARLOS H B NEVES	Medio Senior 60 + Masculino	01:34:58,949	00:27:01,925	01:26:21,476	01:44:06,149	04:45:26,574
101	394	GUILHERME MARTINS	Medio Master C1 50 a 54 Masculino	01:42:31,207	00:29:22,097	01:18:27,102	01:55:03,568	04:56:01,877
102	429	MARCOS AURÉLIO DUARTE DE ALMEIDA ALMEIDA	Medio Senior 60 + Masculino	01:34:57,336	00:29:59,993	01:25:42,829	02:01:46,777	05:02:26,942
DSQ	348	ANDRÉ FILGUEIRA DO NASCIMENTO	Medio Master B2 45 a 49 Masculino	00:00:00,000	00:00:00,000	00:00:00,000	00:00:00,000	02:10:58,848